



Help for New Parents

Having a baby is exciting. This excitement can also bring about some anxiety and nervousness. Your employee assistance program provides new parent consultation which offers support for those about to have a baby.

This program provides working parent resources, and tools and guidance on a number of topics that cover pregnancy all the way through childhood.

Breastfeeding mothers have access to a certified lactation consultation at any time, day or night who can offer assistance with breastfeeding and answer questions or concerns. Mothers returning to work will also receive Mothers At Work kit containing complimentary samples and helpful information to breastfeeding mothers.

Your program can also provide information about how to find and select the right child care option based on your needs.

Outreach calls during Maternity Leave

The new parent program also conducts outreach calls during maternity leave. From an initial call explaining how the new parent program works to preparing to return to work, these calls are helpful for parents who might need someone to talk with about the different concerns and questions that may arise during maternity leave.

Access your program today by calling your toll-free number at any time day or night. You can also access many of the tools and resources online through our website at www.MagellanHealth.com/member.

Employee Assistance Program
For Professional Consultation
Call 1-800-523-5668

For TTY Users: 1-800-456-4006